



## Training Weekend Kit List 2026

Got it	Packed it	Item needed
		1 pair walking boots (broken in)
		1 Pair of wellies (if you have them)
		2 pairs walking socks
		2 pairs sock liners (optional)
		2 t-shirts
		2 fleece tops or similar
		2 walking trousers
		1 set of casual clothes for the Saturday night
		1 additional set of clothes you don't mind getting wet and Muddy
		Underwear
		Nightwear
		House Shoes (no novelty slippers please)
		Sun hat/cap warm hat
		Waterproof over-trousers
		Cagoule/coat (waterproof & windproof)
		Warm outdoor coat
		Watch
		Torch (head torch)
		Spare batteries & bulb for torch
		Personal first aid kit (see below)
		Water bottle (1.8 -2 Litres) / hydration pack
		Wash kit/personal hygiene items
		Shower Towel
		Day Sack
		Face Coverings
		Hand Sanitiser
		Bags for wet & dirty clothes
		Gloves